

Peter is a leader in the adaption and transmission of Asian nondual wisdom worldwide. He is a pioneer in the development of nondual therapy and creator of the 9-month Radiant Mind Course® and the Natural Awakening: Advanced Nondual Training. He was a celibate monk in the Tibetan Buddhist tradition for nine years and has a Ph.D. in the philosophical psychology of Mahayana Buddhism.

Peter's main specialty is in the development of freeform pointing out instructions, using silence and unfindability inquiry in order to directly reveal the nature of pure awareness itself. Peter does this individually and in group settings where people are supported in their own discovery of the state of nonduality or nonreferentiality. By freeform Peter means using whatever arises in a group in the moment it occurs as the material/constructs, to be seen through, or self-dissolve. This reveals the nature of pure mind—that which is our natural, unfabricated, effortless mode of existence.

Peter had the good fortune to meet the Tibetan lama Thubten Yeshe, founder of the Foundation for the Presentation of the Mahayana Tradition, in 1974. Lama Yeshe accepted him as his student, and in 1978 he was ordained as a monk. He was a celibate monk in the Tibetan Buddhist traditions for nine years.

In 1983 he completed a Ph.D. in the philosophical psychology of the Madhyamika school of Mahayana Buddhism. His other teachers included Lama Thubten Zopa Rinpoche, Geshe Thubten Loden, Geshe Lhundup Sopa, Namkhai Norbu Rinpoche and Sogyal Rinpoche. After nine years as a celibate monk, Peter handed back his ordination. As a post-monastic he embarked on an intensive exploration of Western forms of healing and therapy.

In 1986 he began offering adaptations of Mahayana wisdom to mental health professionals. His workshops integrated Buddhist nondual wisdom with an understanding of group dynamics. He subsequently founded Timeless Wisdom (wisdom.org), a Californian nonprofit organization, which offers contemplative dialogues, and retreats in Australia, USA, Europe and Israel.

In response to requests from the many mental health professionals who attended his workshops, Peter has taught the principles and practices for a nondual psychotherapy. He also offers individual counseling sessions to clients in many countries.

In 1998 he teamed up with Dr. Jean-Marc Mantel (President of the Association Internationale de Psychiatrie Spirituelle) to organize the first-ever conference focusing on the contribution of nondual spiritual experience to psychotherapy. This took place at the Mount Madonna Center, California.

<https://www.peterfenner.com/about-peter>

OUR EVENING CONTEMPLATION

Natural Awakening

“When crystallized identities enter a nondual field of awareness and begin to interact with a being embodying that state, suffering can’t be sustained. It dissolves into a space where there is neither suffering nor its absence. Nondual awareness creates a transformational field or vortex that gently or abruptly, but irrevocably, moves people into radiant awareness. This is the paradoxical state that bodhisattvas play in for eternity.”

Natural Awakening is the process of being effortlessly present to each and every moment of existence. We discover our natural state as an exquisite and spontaneous expression of a freedom that knows no bounds.

In Buddhism, nondual awareness is often called the “ultimate medicine” because no higher evolutionary accomplishment is possible for any conscious being, living anywhere, at any time. When we see everything as the seamlessly changing fabric of immutable, unfindable awareness, it’s impossible to be negatively touched by any environmental circumstance or inner perturbation. We move into the realm of embodied transcendence beyond disturbances and conditioned forms of peace.

Silent Deconstruction

In psychotherapy it’s often thought to be more useful to vocalize our silent thoughts and work with them in open dialogue. There is an obvious and vital role for dialogue in nondual inquiry.

However, silent communication is a powerful way of invoking a form of deconstruction in which people can dissolve different structures, or points of reference, at the same time. In the nondual space, we don’t need to rush into any verbal exchange. We don’t need to stimulate an inquiry or a dialogue, but we can allow dialogue or inquiry to stimulate us as it arises naturally from awareness whenever it does.

Registration: <https://healingheartssanctuaryinc.com>
Contact: tracy@healingheartssanctuaryinc.com or
susan@healingheartssanctuaryinc.com

Cost: Suggested Donation \$50.00

Appreciation Contribution - Suggested Donation: \$50

Your presence is a precious gift. If it resonates with you, we suggest a heartfelt donation of \$50 to support the sharing and sustainability of our gathering.

Community Contribution - Any amount above \$50.00

With your Community Contribution, you not only nurture your own journey but also extend the gift of this transformative experience to others. Half of this contribution will flow towards supporting those who wish to join.

Conscious Contribution - Pay What You Can

We honor the diversity of our community and recognize that each person's circumstances are unique. If the suggested donations are not accessible for you, please contribute whatever amount you feel comfortable with.

Heart to Heart Participation

We embrace the interconnectedness of all beings and honor the unity of our community. If the suggested donation feels out of reach, please join us with an open heart. Your presence enriches our collective experience, and you are warmly welcomed.



